

FIRST AID FOR SEIZURES

FOCAL SEIZURE

RECOGNIZE

- Blank Staring
- Chewing Motions
- Fumbling with Hands
- Wandering Around
- Shaking or Tremors
- Confused Speech

During a seizure, you should **NEVER**:

- Grab, restrain, or hold the person unless there is sudden danger
- Shout at or otherwise startle the person
- Leave them alone
- Give them oral medications, food, or water until they are alert

Focal Seizures may be confused with:

- Drug use or alcohol intoxication
- Mental illness
- Behavior issues
- Stroke

RESPOND


- Time the Seizure
- Speak Calmly
- Don't Grab or Hold
- Block Hazards
- Stay with Them
- Explain to Others



Pittsburgh Office
1501 Reedsdale Street
Suite 3002
Pittsburgh, PA 15233
800-361-5885

Harrisburg Office
3507 Market Street
Suite 203
Camp Hill, PA 17011
800-336-0301

Altoona
814-799-0345
Erie
814-451-1135
TDD EOP/AUX AID
1-800-855-2880


EPILEPSY
ASSOCIATION®
OF WESTERN AND CENTRAL PA
www.eawcp.org