



# Epilepsy and Grief

The Epilepsy Association of Western and Central PA (EAWCP) is committed to helping you and your family by providing a wide range of programs and services during this time of grief.

## Here are some of the ways we can help:

**The Mason Langford Center for Support and Learning on SUDEP** ▶ The Mason SUDEP Center is a section of our website where you can learn about Sudden Unexpected Death in Epilepsy (SUDEP).

**Peer support** ▶ We can connect you with our network of families who have lost a loved one and want to support others experiencing a similar loss.

**Resources** ▶ Our Mason SUDEP Center resource library includes information about grief, SUDEP registries, and more.

**Memorial pages** ▶ You can create a personalized page in memory of your loved one within the Mason SUDEP Center.

**Staff support** ▶ We do not have grief counselors on staff, but we are here to listen and can connect you with other local resources like counselors, if you choose.

**Events** ▶ We host support and educational events about SUDEP.

# WHAT IS SUDEP?

SUDEP stands for Sudden Unexpected Death in Epilepsy. Unfortunately, it is not uncommon for families to first hear about SUDEP after it has caused the death of a loved one.

If you have questions about SUDEP or other epilepsy-related causes of mortality, please contact us.



**EPILEPSY**  
ASSOCIATION®  
OF WESTERN AND CENTRAL PA

The Epilepsy Association of Western and Central PA (EAWCP) is a private, non-profit service organization providing public education and supportive services to individuals and families affected by epilepsy/seizure disorders.

Support is available to any family who has experienced loss to SUDEP or other epilepsy-related causes.

**REACH OUT. WE ARE HERE TO HELP!**

**[www.eawcp.org](http://www.eawcp.org)**

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WE ARE PROUD TO BE A MEMBER  
OF EPILEPSY ALLIANCE AMERICA.

